Making Paper Fabric
By Betty Blais

Supplies list:

Piece of fabric -- Muslin works great, but if you use a fabric with a pattern, the pattern will show through.
Jacquard Textile Colorless Extender or Jacquard Neopaque Flowable Extender
Tissue papers, decorative papers, handmade papers
Natural bristle brushes, small, medium and large
Water
Organic embellishments
Glitter
Jacquard Pearlex
Optional – Jacquard Paints, stencils, rubber stamps, Magic Stamps, Smooch Spritz

Lay fabric on a waterproof surface.

Paint the entire piece of fabric with a mixture of Textile Colorless Extender (2 parts extender mixed with 1 part water) or Neopaque Flowable Extender (1:1).

Layer with torn pieces of tissue paper, painting with the extender after each piece is laid down.

Now begin adding handmade papers, cheesecloth, thin pieces of silk cocoon, and cotton thread waste. I have found that only natural fibers work well with this method.

Add glitter or Pearlex. You can also add paint at this time, but it will bleed.

Allow to dry, cover with a pressing sheet and heat set by ironing on cotton setting.

Once heat set, you can add designs with stencils, paints, stamps, Pearl-ex mixed with the Extender or Smooch Spritz.

Allow to dry again then paint the entire surface with full strength Colorless Extender or Flowable Extender. Let dry again and heat set again, ironing each section for at least 10 seconds.

You now have a piece of Paper Fabric.